



# Set Your GPS for Success

## Great Programmable Subconscious

### Three Steps to Achieve Anything:

#### Goal Setting

What you focus on expands. Identify what you want, write it down and review it daily. If you don't ask for what you want, you won't get it. Remove the words "try", "can't", and "but" from your vocabulary and commit to achieving your goal. Be bold. Dream Big.

Aim high and **Set Your GPS for Success!**

#### Pretending

Your imagination is one of the most powerful tools you possess. All of your results are first created in your imagination. Spend 5-10 minutes a day mentally rehearsing and imagining your ideal result to help you develop confidence and faith in achieving your goal. Engage all of your senses while imagining that you have already achieved your goal.

Act as if and **Set Your GPS for Success.**

#### Stress Managing

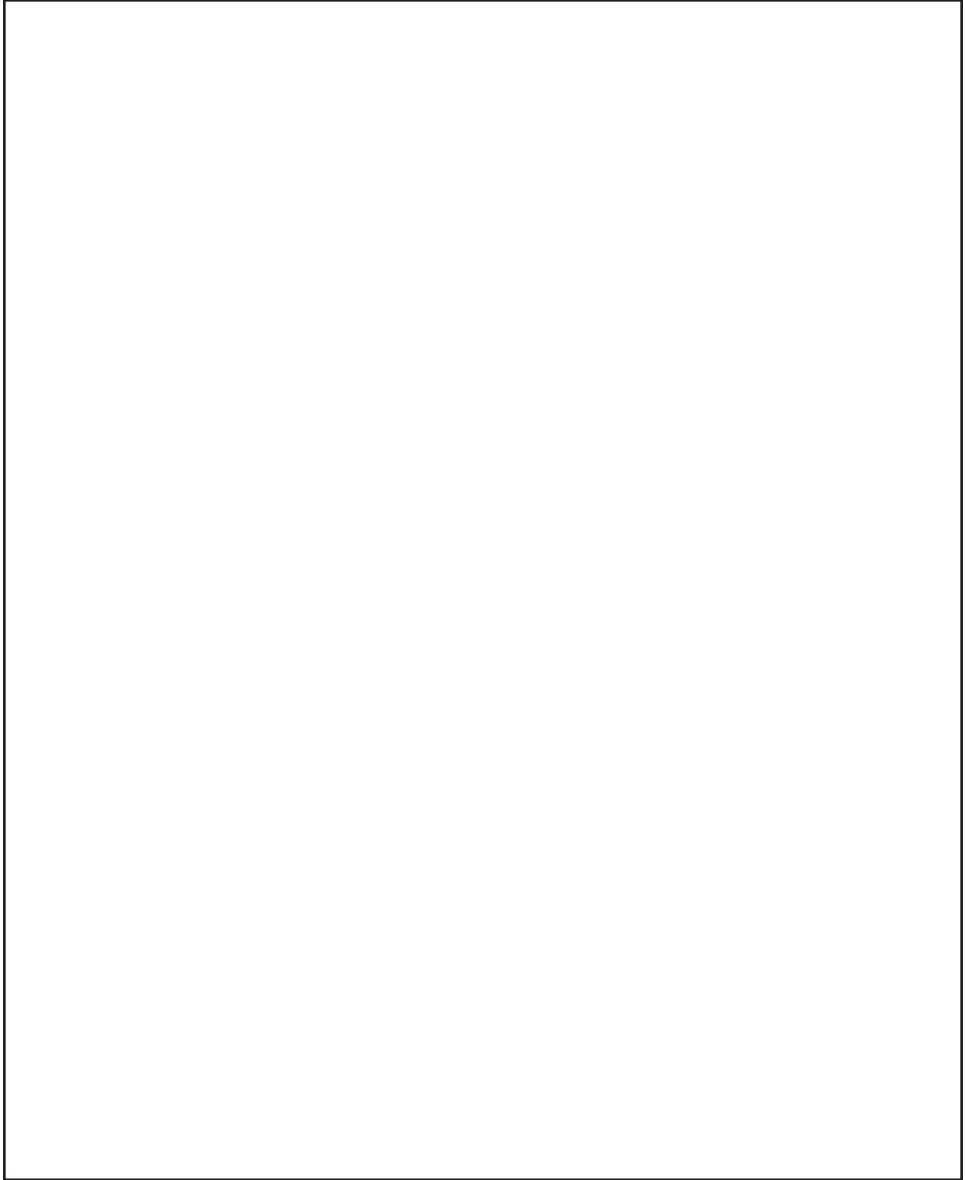
Your success is directly proportional to how well you handle stress. Your emotions are powerful forces that let you know if you are on course. How you perform depends on how you feel. How you feel depends on what you are focusing on and how you are moving your body. Anytime you feel disempowered, take a deep breath and choose a powerful, positive thought or affirmation that moves you in the right direction.

Choose to feel good and **Set Your GPS for Success!**

**Set and Follow your GPS to Success!**

# Set Your GPS!

**Notes:**



**WayneLee.com.**

**Check out Wayne's New Book  
[www.yourGPStosuccess.com](http://www.yourGPStosuccess.com)**